

Amidah - Synagog morning and evening

P: My Lord, open my lips,

C: And my mouth shall declare Your praise.

P: Blessed are You, Lord our God and God of our fathers, God of Abraham, God of Isaac and God of Jacob, the great, mighty and fearful God—God Most High—who bestows bountiful kindnesses, who creates all things, who remembers the love of the Fathers and brings a redeemer for their children's children for the sake of Thy name in love. King, Helper, Savior, and Shield;

C: Blessed are You Lord, Shield of Abraham.

P: Thou art mighty forever, O Lord: You resurrect the dead; You are powerful to save. Sustaining the living in loving-kindness, resurrecting the dead in abundant mercies, You support the falling, heal the sick, set free the captives, and keep faith to all that sleep in the dust. Who is like You, master of mighty powers over life and death. Who may be compared unto You, the King who brings death and restores life and causing salvation to spring forth. You are trustworthy to revive the dead.

C: Blessed are You Lord, who revives the dead.

P: You are holy and Your Name is holy, and holy beings praise You daily for all eternity.

C: Blessed are You Lord, the holy God.

P: You graciously bestow knowledge upon man and teach mortals understanding. Graciously bestow upon us from You, wisdom, understanding and knowledge.

C: Blessed are You Lord, who graciously bestows knowledge.

P: Cause us to return, our Father, to Your instruction; draw us near, our King, to Your service; and bring us back to You in whole-hearted repentance.

C: Blessed are You Lord, who desires penitence.

P: Pardon us, our Father, for we have sinned; forgive us, our King, for we have transgressed; for You are a good and forgiving God.

C: Blessed are You Lord, gracious One who pardons abundantly.

P: Behold our affliction and wage our battle; redeem us speedily for the sake of Your Name, for You God are the mighty redeemer.

C: Blessed are You Lord, Redeemer of Israel.

P: Heal us, O Lord, and we will be healed; help us and we will be saved; for You are our praise. Grant complete cure and healing to all our wounds; for You, Almighty King, are a faithful and merciful healer.

C: Blessed are You Lord, who heals the sick of Your people Israel.

P: Bless for us, Lord our God, this year and all the varieties of its produce for good; and bestow blessing upon the face of the earth. Satisfy us from Your bounty and bless our year like other good years,

C: Blessed are You Lord, who blesses the years.

P: Sound the great shofar for our freedom; raise a banner to gather our exiles, and bring us together from the four corners of the earth into our land.

C: Blessed are You Lord, who gathers the dispersed of His people Israel.

P: Restore our judges as in former times, and our counsellors as in the beginning; remove from us sorrow and sighing. Reign over us, O Lord alone, with loving kindness and mercy, establish our innocence by the judgment.

C: Blessed are You Lord, King who loves righteousness and justice.

P: May Your mercies be aroused, Lord our God, upon the righteous, upon the pious, upon the elders of Your people, the House of Israel, upon the remnant of their sages, upon the righteous proselytes and upon us. Bestow a goodly reward upon them who truly confide in Your name; and assign us our portion with them forever; and may we not come to shame for that we have trusted in You.

C: Blessed are You Lord, the support and security of the righteous.

P: Return in mercy to Jerusalem Your city and dwell therein as You have promised; speedily establish therein the throne of David Your servant, and rebuild it, soon in our days, as an everlasting edifice.

C: Blessed are You Lord, who rebuilds Jerusalem.

P: Speedily cause the sprout of David Your servant to flourish, and increase his power by Your salvation, for we hope for Your salvation all day.

C: Blessed are You Lord, who causes the power of salvation to flourish.

P: Hear our voice, Lord our God; merciful Father, have compassion upon us and accept our prayers in mercy and favor, for You are

God who hears prayers and supplications; do not turn us away empty-handed from You, our King, for You hear the prayer of Your people.

C: Blessed are You Lord, who hears prayer.

P: Look with favor, Lord our God, on Your people Israel and pay heed to their prayer; restore the service to Your Sanctuary and accept with love and favor Israel's sacrifices and prayer; and may the service of Your people Israel always be acceptable to You. May our eyes behold Your return to Zion in mercy.

C: Blessed are You Lord, who restores His Divine Presence to Zion.

P: We acknowledge that You are the Lord our God and God of our fathers forever. You are the strength of our life, the shield of our salvation in every generation. We will give thanks to You and recount Your praise, evening, morning and noon, for our lives which are committed into Your hand, for our souls which are entrusted to You, for Your miracles which are with us daily, and for Your continual wonders and beneficences.

C: You are the Beneficent One, for Your mercies never cease; the Merciful One, for Your kindnesses never end; for we always place our hope in You. And for all these, may Your Name, our King, be continually blessed, exalted and extolled forever and all time.

This prayer has been said from before Jesus' day to the present.

It is said only by the leader including what is here response.

<http://en.wikipedia.org/wiki/Amidah>